

# ADULT EDUCATION SPRING 2020

Join us at VanDusen Botanical Garden & Bloedel Conservatory for;

- Sustainable gardening courses
- Local ecology walks
- Botanical art classes
- Photography workshops
- Forest therapy
- Ethnobotany
- Wellness programs

Come and learn in the most beautiful classroom in the city!

To learn more and register, visit [vandusengarden.org](http://vandusengarden.org) or call 604.718.5898



Vancouver  
Botanical  
Gardens  
Association





# ADULT EDUCATION



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## CLASSES | WALKS | WORKSHOPS

### MARCH

- 5 Herbs for Digestion
- 14 Forest Therapy Walk
- 21 Conifer ID Walk
- 22 Veggies on Your Patio
- 28 Forest Therapy Walk
- 28 Permaculture Garden Design
- 29 Beekeeping for Beginners
- 29 Medicinal Plant Walk
- 30 Flow to Slow Yoga
- 30 Introduction to Qigong
- 31 Brain and Body Workout

### APRIL

- 2 Watercolour Techniques
- 4 Basics of Photography
- 5 BC Native Tree ID Walk
- 16 The Watercolour Palette Pt 1:  
Subtleties of White
- 20 Holistic Plant Walk with a  
Métis Herbalist
- 21 Sprouts, Microgreens and Baby Greens
- 22 Botanical Illustration Level 1
- 23 The Watercolour Palette Pt 2:  
Making Colours Sing
- 23 Bitters: from Snake Oil  
to Artisanal Cocktails
- 24 Naturalist's Journal: Botanical Drawing
- 25 Healthy Soils for Healthy Gardens
- 28 Design Your Vertical Garden
- 29 Designing Gardens for the Senses
- 30 Watercolour Meetups

### MAY

- 2 Perennial Stroll with a  
VanDusen Gardener
- 2 Introduction to Birdwatching
- 2 BC Native Shrub ID Walk
- 3 Impressionist Watercolour Workshop:  
Parrot Tulips and Irises
- 7 Chigiri-E Paper Art: Tulips
- 9 Cannabinoid Chemistry & Legislation
- 12 Herbal Salve-Making
- 13 Creating Herb Containers
- 17 Landscape Photography
- 19 How to Engage Kids in the  
Veggie Garden
- 21 Introduction to Aromatherapy
- 23 Seaweed Pressing Workshop
- 24 Holistic Plant Walk with a  
Métis Herbalist
- 24 BC Bee Walk
- 31 Acrylic Painting Workshop for  
Beginners: Floral Bouquets

### FITNESS

#### Mondays:

- Flow to Slow Yoga
- Introduction to Qigong

#### Tuesdays:

- Brain & Body Workout for  
Boomers and Beyond

**K-12 teachers may be eligible for free  
Botany and Gardening courses.**

**SIGN UP TODAY!**  
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