Join us at VanDusen Botanical Garden & Bloedel Conservatory for:

• Sustainable gardening courses
• Local ecology walks
• Botanical art classes
• Photography workshops
• Forest therapy
• Ethnobotany
• Wellness programs

Come and learn in the most beautiful classroom in the city!

To learn more and register, visit vandusengarden.org or call 604.718.5898
## MARCH
- **36** Herbs for Digestion
- **14** Forest Therapy Walk
- **21** Conifer ID Walk
- **22** Veggies on Your Patio
- **28** Forest Therapy Walk
- **28** Permaculture Garden Design
- **29** Beekeeping for Beginners
- **29** Medicinal Plant Walk
- **30** Flow to Slow Yoga
- **30** Introduction to Qigong
- **31** Brain and Body Workout

## APRIL
- **2** Watercolour Techniques
- **4** Basics of Photography
- **5** BC Native Tree ID Walk
- **16** The Watercolour Palette Pt 1: Subtleties of White
- **20** Holistic Plant Walk with a Métis Herbalist
- **21** Sprouts, Microgreens and Baby Greens
- **22** Botanical Illustration Level 1
- **23** The Watercolour Palette Pt 2: Making Colours Sing
- **23** Bitters: from Snake Oil to Artisanal Cocktails
- **24** Naturalist’s Journal: Botanical Drawing
- **25** Healthy Soils for Healthy Gardens
- **28** Design Your Vertical Garden
- **29** Designing Gardens for the Senses
- **30** Watercolour Meetups

## MAY
- **2** Perennial Stroll with a VanDusen Gardener
- **2** Introduction to Birdwatching
- **2** BC Native Shrub ID Walk
- **3** Impressionist Watercolour Workshop: Parrot Tulips and Irises
- **7** Chigiri-E Paper Art: Tulips
- **9** Cannabinoid Chemistry & Legislation
- **12** Herbal Salve-Making
- **13** Creating Herb Containers
- **17** Landscape Photography
- **19** How to Engage Kids in the Veggie Garden
- **21** Introduction to Aromatherapy
- **22** BC Bee Walk
- **23** Seaweed Pressing Workshop
- **24** Holistic Plant Walk with a Métis Herbalist

### Fitness
**Mondays:**
- Flow to Slow Yoga
- Introduction to Qigong
**Tuesdays:**
- Brain & Body Workout for Boomers and Beyond

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**K-12 teachers may be eligible for free Botany and Gardening courses.**